

## Roosevelt Community Center

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Bus Lines: 22, 300, and 64

Types of Programs: Fee class and rental program, special events, and youth center.

## ARTS & CRAFTS

### Arts & Crafts Club \$40

Learn to do wonderful and easy arts and crafts projects. A different craft every week will highlight with an end of class art display in the Center.

*Instructor: Espinosa*

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.101	Sa	10/9-11/20	12-1:30pm	7-12	7	RO

### Drawing - Beg. \$40

Learn the basics of free hand drawing with pencil. You will concentrate on face, bust, and full body compositions.

*Instructor: Espinosa*

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.102	Sa	10/9-11/20	2-3pm	10-17	7	RO

## DANCE

### Hula \$44

This beginning class will teach you how to tell stories with your hands. You'll practice moves like "kahalo", "ami" and "holo holo". Students are required to wear comfortable outfits and attend class regularly to insure progress.

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.205	W	10/6-11/24	6:30-7:30pm	12+	8	RO

### Social Dance \$50

Learn the basics of the most popular social dances-Cha Cha, Rumba, Walz and Swing. You will be learning with other beginners under the guidance of an experienced instructor. This class will be fun and good exercise as well! No prior experience to Belly Dance! This is a unique form of dance isolates body movement to build strength and flexibility. This class is Low-Impact and is ideal for all ages and body types. Get exercise and be healthy in a fun and supportive environment.

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.204	F	10/8-11/12	8-9pm	18+	6	RO

## EARLY CHILDHOOD RECREATION

*Please read the ECR Policy on page 97.*

### Playtime Funclub \$42

This class is designed for children ages 2-5 who enjoy playing recreation games and various sports activities. Games may include Red Light, Green Light, Tag, Capture the Flag, Relay Races and Obstacle Courses, as well as other children favorites. Children will learn new games and play familiar ones using balls, Frisbee, a parachute and water. This class is a fun way for children to develop self-confidence, fair play, cooperation, strength and athletic skill.

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.2.301	Sa	10/9-11/13	9:30-11am	2-5	6	RO

### Tiny Tots \$130

A socialized program for boys and girls ages 3-5, which includes art, crafts, music, rhythms, stories, and simple concepts. Children MUST be potty trained. We also ask that the parents assist and provide a snack for one or more class meetings for each child registered. **This class will be held at the Waston Community Center.**

*No Class 11/11*

*Instructor: Reyes*

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.301	T/W/Th	10/5-11/18	8:30-11am	3-4	21	WT

## MUSIC/THEATER ARTS

### Creative Writing/ Creative Expression \$40

This class will include journal writing, stories, motivational and inspiring readings, and time for reflection, as well as group expression and active participation. Great for anyone willing to make a positive change. Possible workbook fee due at first class. Instructor Zierlein Aclan Perez has an M.A. from Stanford University and has worked for the Filipino Youth Coalition as well as the National Hispanic University.

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.2.404	F	10/8-11/19	6-7pm	13+	7	RO

### Guitar – Introduction \$40

Introduction to guitar is an eight week course designed for students who have little or no experience playing guitar. Our primary focus will be on learning the basic techniques used in popular styles such as folk and latin music. Material covered will include reading chord diagrams, chord charts, voicing, hand techniques, and major scales. There will be a \$7.50 book fee payable in the first class. Students must bring their own instrument. No electric guitars please.

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.2.402	W	10/6-11/24	4-4:45pm	13+	8	RO

### Guitar – Intermediate/Advanced \$40

A faster paced class exploring the different songs and rhythms from folk to latino. Student must provide their own instruments and no electric guitars please.

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.2.403	W	10/6-11/24	5-5:45pm	13-17	8	RO

*Roosevelt Community Center continues on the next page*



## MUSIC/THEATER ARTS

### Latin Jazz Combo \$50

This is a performing arts class designed for musicians interested in enhancing their musical skills and knowledge through performance of compositions incorporating improvisation, latin jazz, and afro-cuban rhythms. The course will encourage technical growth on one's instrument and explores the individual and ensemble techniques necessary for a broad range of musical styles. Student's must have a minimum of 3 years of experience and are required to bring their own instrument.

Course #	Day	Date	Time	Age	Mtg.	Loc.
234.2.401	W	10/6-11/24	7-8pm	15+	8	RO

### Poetry – Spoken Word \$40

Learn the basics of writing poetry and delivering messages through spoken word. You will be able to try out your poetry and learn microphone techniques on a real PA system. Class will end with an optional performance.

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.405	F	10/8-11/19	7-8pm	13+	7	RO

## SPORTS & FITNESS

### Cardio Kickboxing \$40

A terrific and intense workout. Kicking and punching with basic martial arts movements. Stretching and body sculpture along with a high impact cardio routine round out this demanding weekly training session. Always check with your doctor before joining an exercise program. Not for the meek.

*Instructor: Casta Non*

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.502	Sa	10/9-11/20	2-3:15pm	15+	7	RO

### Kajukenbo Karate Class \$40

Learn the basics of martial arts and self defense. Kajukenbo follows the guide lines from the Hawaiian style tradition. Includes self defense, discipline, and self confidence. Wear loose and comfortable clothing the first day of class and check with instructor for more details on clothing requirements. Beginning class open to everyone.

#### Beginning

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.505	Sa	10/9-11/20	10-11am	5-12	7	RO

#### Int/Adv

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.506	Sa	10/9-11/20	11am-12pm	13+	7	RO

### Vovinam Vietnamese Martial Arts \$45

This class combines self-defense, rolling, and various martial arts techniques to teach students how to be their best through martial arts. There is an optional \$40 uniform fee payable after the second week.

*No Class 11/26*

*Instructor: Nguyen*

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.501	T/F	10/5-12/3	6-8pm	6-18	17	RO

## SPECIALTY CLASSES

### Filipino Food Workshop – Lumpia \$25

Learn how to make the Filipino delicacy Lumpia. See how the Lumpia are rolled and watch the wonderful ingredients prepared as you follow an easy to do recipe.

*Instructor: Cortez*

Course #	Day	Date	Time	Age	Mtg	Loc.
234.2.603	Sat	10/15	4:15-6:30pm	12+	1	RO

### Mexican Food Workshop – Enchiladas \$25

Learn to make the Mexican delicacy enchiladas. See how the enchiladas are created and get to know the ingredients as they are cooked to perfection, Mexican style. Delicious! This workshop will concentrate on both red and green enchiladas with chicken and beef filling. You won't be sorry you tried this one.

*Instructor: Ponce*

Course #	Day	Date	Time	Age	Mtg	Loc.
234.2.604	Sa	10/9	4:15-6:30pm	13+	1	RO

### Survival French \$45

Are you planning a trip to France, Canada or maybe even Tahiti sometime soon? If you are this is the class designed just for you. Learn survival French from a native speaker. Learn commands, simple phrases and some basic grammar.

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.611	F	10/8-11/14	6-7pm	13+	7	RO

### Home Repairs Workshop: Plumbing II \$40

Learn more about basic home repairs from a home repair specialist and get a hands on feel to doing the work yourself. Money saving tips on how to and where to get the best deals for your hard eared dollar. Learn some techniques to repairing your pipes and how to know when they are ready to go out.

Course#	Day	Date	Time	Age	Mtg.	Loc.
234.2.612	Sa	10/9	1-4pm	16+	1	RO

## SPECIAL EVENTS

### Breakfast with Santa \$3

Does your child want the chance to tell Santa exactly what he/she wants for the holidays? Well, why stand in long lines at the mall when you can come here instead? For a small fee, the whole family can not only talk to Santa, but have a full breakfast with him too! Breakfast: \$2.00 Children, \$3.00 Adults, or have your photo taken with Santa for \$2.00.

Course#	Day	Date	Time	Age	Mtg.	Loc.
	Sa	12/11	9am-12pm	All	1	RO

**Please see Gardner Community Center on page 72 for information on After School Programs.**